



## **Safety & Compliance**

**565 Alder St / PO Box 873**

**Mount Angel, OR 97362**

**Phone: 503-845-4107**

**Fax: 800-879-2596**

OESAC CEU Committee  
PO Box 577  
Canby, OR 97013-0577

Subject: Request for CEU's for Confined Space Entry & Rescue course, training goal

Date: 10/21/2020

OESAC CEU Committee:

Thank you for reviewing my submittal of this confined space class for CEU credit.

I have 40 years of fire rescue background and have owned a safety training business since the late 1980's (Safety & Compliance). I have been teaching water and wastewater classes to the men and women in Silverton, Mt. Angel, Hubbard, and now McMinnville and many other areas in Oregon. I also continue to work as a safety trainer and consultant for the Oregon Ground Water Association, the Pepsi Corporation and I am a national trainer for the IAFF (International Association of Firefighters). We offer two confined space classes through the IAFF.

I hope that my request is clear and if you need references as to my teaching ability that you will contact me.

My training goal for this class is safety and understanding the hazards associated with confined spaces, then with that be able to perform entry and rescue tasks in a well thought out systematic way that show a deep understanding of the confined space rule.

Thank you for taking the time to review my request.

A handwritten signature in black ink that reads "Don Fleck". The signature is stylized and cursive.

Don Fleck

**OESAC**  
Oregon's OSHA 437-002-0146  
**Confined Space Entry & Rescue**

**Training Outline & Time Line**

1. Paperwork & Introduction -----0800-0830
  
2. Confined Space Entry -----0830-1000
  - Definitions
  - Permit Confined Space
    - Permit Process / Fill Out Permit
    - Safety Check Lists / Lock Tag
    - Common Types of Spaces
    - Specific to PNB / Pure
    - Alternate entry procedures and paperwork
  - Break -----1000-1015
  - Dangers / Hazards ----- 1015-1200
    - Air Quality Measurements
    - Ventilation
    - PPE for Recognized Dangers
    - Identify PPE and Hands on use
    - SCBA/Don and Doff/Fit Test
    - Other Items and Hands on Use
  - Other.....
  - Lunch-----1200-1300
  
3. Rescue -----1300-1500
  - Selection of Rescue Team / Qualifications
  - ABC's of 1<sup>st</sup> Aid
  - Hands-on Use of Required Rescue Equipment
  - Packaging for Transport
  - Annual Training
  - Break -----1500-1515
  
4. Practical Test -----1515-1630
  - Entry of Sewer and Vault
  - Rescue from each space
  
5. Review and Written Test -----1630-1700



# Instructor Background And Information Form

Thank you for filling out this form.

Presentation Title: Confined Space Entry & Rescue

Presenter: Don Fleck Title: Owner / Instructor

Employer: Safety & Compliance Address: PO Box 873 / 565 Alder St.

City: Mount Angel State: OR Zip: 97362 Phone: 503-845-4107

Summary of Lesson content: Trainee will understand current Oregon and national confined space entry and rescue rules. Trainee will understand the dangers and techniques for a safe entry. Use of and calibration of air monitors. Who is most often injured and killed in confined space entry and rescue

Professional Background: ( Note a brief - 2 page maximum - resume may be submitted in lieu of the following data. Please be sure the resume includes all requested information. Qualifications should be related to your presentation.) Use the reverse side of this form if more room is needed to fully answer the following questions.

Primary Knowledge/Skills/Abilities related to presentation: Have taught confined space both in industry and fire service. I am currently both OESAC instructor and IAFF (International Association of Firefighters) national instructor.

Education (High School, Upgrades, Colleges and Degrees): See resume

Professional Registration/Certification: IAFF national instructor / American Heart CPR 1st Aid instructor

Related papers/instruction you have presented:

Title: Confined Space Rescue Date: 8/2017 Event: Kansas City Fire

Title: Confined Space Entry & Rescue Date: 11/2019 Event: Silverton Public Works

Professional Organizations/Activities:

OESAC Instructor Date: Many classes

IAFF Instructor since 2002 Date: Many classes nationally

Course sponsor: Safety & Compliance

Signature of Instructor: *Don R Fleck* Date: 10/21/2020

**DO NOT WRITE BELOW THIS LINE**

Date Evaluated: \_\_\_\_\_ By: \_\_\_\_\_ Approved: Yes \_\_\_\_\_ No \_\_\_\_\_

Return Completed Form To: **OESAC CEU COMMITTEE**  
P.O. Box 577  
Canby, OR 97013-0577

Email: [info@oesac.org](mailto:info@oesac.org)  
Phone: 503-698-6486

# Don R. Fleck

## Objective

Deliver Great Training through Great Customer Service

## Experience

2012-Present      Member City Council      Mount Angel, OR

### • Elected member of City Council

- Work with Mayor and 5 elected at large councilors
- Have worked hard to protect union jobs
- Head of Infrastructure Task Force

1981-2011      Salem Fire Department      Salem, OR

### Fire Captain

- In charge of pre-incident planning at Capital Mall
- Training Officer from 1989-1992
- Safety Committee Chair last 12 years
- Line rescue trainer for Salem Fire
- Haz-Mat Team Leader / Trainer

1985-Present      Safety & Compliance      Mt. Angel, OR

### Owner

- Work with clients to plan for training needed in their business
- Training clients in OSHA, DOT, Hazardous Materials including:
- EPA certified Worker Protection Standard Trainer
- Confined Space Entry & Rescue
- Lift Truck Certified Trainer
- AHA CPR Instructor / BBP classes

2002-Present      IAFF (International Fire Fighters)      Washington, DC

### Instructor

- Teach Haz-Mat Awareness, Operations and Tech classes nation wide
- Teach incident management classes nationally (class outlines on file)
- Teach Confined Space Entry and Rescue Skills
- Instruct many Train the Trainer classes for adult learners

1989-Present      Chemeketa Community College      Salem, OR

### Adjunct Instructor / EMS Advisory Committee

- On and Off Campus industrial safety
- Outreach safety classes for local businesses including Lift Truck Safety
- Teach in Fire Program

1976-2013 Mt. Angel Fire District Mt. Angel, OR

**Currently Retired Chief of Department / Still Active Trainer**

- Fire fighter to Asst. Chief to Chief (still active trainer for District)
- Lead Department in district wide election to form stand-alone fire district
- Member NFPA

2002-2007 Marion County Fire Defense Board Marion County

**Fire Defense Board Chief**

- Development team for Quakex exercise for Marion County (design and exercise team)
- Development team for "Operation Cooperation" WMD county-wide exercise at State Capital Mall
- Development team for county-wide annual mobilization drill
- Coordinate county fire agencies response to major incidents
- Staff EOC (Emergency Operation Center) during emergencies
- Mobilization of County resources during conflagration
- Maintain and track County emergency resources

**Education**

1968-1972	John F. Kennedy High School	Mt. Angel, OR
1972-1974	Clackamas Community College	Oregon City, OR
1989-2002	Chemeketa Community College	Salem, OR
1985-Present	National Fire Academy (certificates on file)	
1976-2007	Salem Fire training (certificates on file)	

**Family**

Wife: Nan (45 years)

Daughters: Molly, Rachel, Sadie, Ashley and Natalie

15 Grand Children / 1 great grand child

**Of Interest**

I love working with people and my 40+ years' experience in emergency services will help me deliver what you are looking for. Customer service is key. I enjoy the challenges of training.



**The International  
Association of Fire Fighters**  
A L W A Y S O N T H E F R O N T L I N E

*Harold A. Schaitberger*  
**HAROLD A. SCHAITBERGER**  
General President

*Vincent J. Bollon*  
**VINCENT J. BOLLON**  
General Secretary-Treasurer

**JEFF YOUNG**  
Course Instructor

**SEAN HERNANDEZ**  
Course Instructor

**BRETT BIGGER**  
Course Instructor

**SEPTEMBER 22, 2008**

Date

*Dan Fleck*

*has successfully completed  
24 Hours  
Confined Space Rescue ITS  
Hazardous Materials  
Training*

Funded all or in part by:  
National Institute of Environmental Health Sciences  
National Institute for Occupational Safety and Health  
Department of Transportation  
Department of Homeland Security

